



Changes in IFAA Book of Rules for new class TRB

9. Traditional Recurve Bow

- a. A recurve bow manufactured from wood, which can either be a one piece bow or a bow that can be taken down in two or more parts.
- b. The riser or grip of the bow shall be made of wood only (fibre lamination or similar is allowed).
- c. The limbs shall have a wood core which may be laminated on the outside, using glass, carbon fibre, or similar.
- d. The bow shall contain a shelf from which the arrow shall be shot. The shelf may contain a thin layer of leather or a piece of carpet to protect the shelf against wear and tear.
- e. Any additions to the bow for the purpose of stabilisation, levelling, draw-weight reduction, sighting and/or draw checking are not permitted. An arrow rest, adjustable or non-adjustable, is not permitted.
- f. The bow must be shot with the "Mediterranean" loose. A finger tab or glove is permitted.
- g. Face walking is not permitted.
- h. Only one permanent nocking point is allowed on the string. The nocking point may be marked by one or two nock locators. The use of a ball-nock is permitted.
- i. Arrows shall be made of any material, fletched with natural feathers. The arrows shall be identical in material, length, weight, spine, diameter and nocks, regardless of colour and with allowance for wear and tear.
- j. Limb savers, string silencers and brush buttons are permitted and if used, must be at least 12 inches above or below nock point. Ball nocks are permitted.
- k. A bow quiver may be installed on the opposite side of the window, as long as no part of the quiver is visible in the window. If a bow quiver is installed, only arrows on this quiver shall be shot during the competition.

Veteran Men and Women (55+ years of age):

Barebow recurve and compound BB
Freestyle limited recurve and compound FS
Freestyle unlimited FU
Bowhunter recurve and compound BH
Bowhunter unlimited BU
Bowhunter limited BL
Longbow LB

Traditional Recurve Bow TRB

Adult Men and Women (19 - 54 years of age):

Barebow recurve and compound BB
Freestyle limited recurve and compound FS
Freestyle unlimited FU
Bowhunter recurve and compound BH
Bowhunter unlimited BU
Bowhunter limited BL
Longbow LB

Historical Bow HB

Traditional Recurve Bow TRB

Young Adult, Men and Women (17 and 18 years of age):

Barebow recurve and compound BB
Freestyle limited recurve and compound FS Freestyle
unlimited FU
Bowhunter recurve and compound BH Bowhunter
unlimited BU
Bowhunter limited BL Longbow LB

Traditional Recurve Bow TRB

Junior, boys and girls (13 - 16 years of age):

Barebow recurve and compound BB Freestyle
limited recurve and compound FS Freestyle
unlimited FU
Bowhunter recurve and compound BH Bowhunter
unlimited BU
Bowhunter limited BL Longbow LB

Traditional Recurve Bow TRB

Cubs, boys and girls (under 13 years of age):

Barebow recurve and compound BB Freestyle
limited recurve and compound FS Freestyle
Unlimited FU
Longbow LB

Traditional Recurve Bow TRB

	Adult		Veteran		Young Adult		Junior		Cub	
	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male
Barebow-Recurve	AFBB(R)	AMBB(R)	VFBB(R)	VMBB(R)	YAFBB(R)	YAMBB(R)	JFBB(R)	JMBB(R)	CFBB(R)	CMBB(R)
Barebow-Compound	AFBB(C)	AMBB(C)	VFBB(C)	VMBB(C)	YAFBB(C)	YAMBB(C)	JFBB(C)	JMBB(C)	CFBB(C)	CMBB(C)
Freestyle Limited Recurve	AFFS(R)	AMFS(R)	VFFS(R)	VMFS(R)	YAFFS(R)	YAMFS(R)	JFFS(R)	JMFS(R)	CFFS(R)	CMFS(R)
Freestyle Limited Comp	AFFS(C)	AMFS(C)	VFFS(C)	VMFS(C)	YAFFS(C)	YAMFS(C)	JFFS(C)	JMFS(C)	CFFS(C)	CMFS(C)
Freestyle Unlimited	AFFU	AMFU	VFFU	VMFU	YAFFU	YAMFU	JFFU	JMFU	CFFU	CMFU
Bowhunter-Recurve	AFBH(R)	AMBH(R)	VFBH(R)	VMBH(R)	YAFBH(R)	YAMBH(R)	JFBH(R)	JMBH(R)		
Bowhunter-Compound	AFBH(C)	AMBH(C)	VFBH(C)	VMBH(C)	YAFBH(C)	YAMBH(C)	JFBH(C)	JMBH(C)		
Bowhunter Unlimited	AFBU	AMBU	VFBU	VMBU	YAFBU	YAMBU	JFBU	JMBU		
Bowhunter Limited	AFBL	AMBL	VFBL	VMBL	YAFBL	YAMBL	JFBL	JMBL		
Longbow	AFLB	AMLB	VFLB	VMLB	YAFLB	YAMLB	JFLB	JMLB	CFLB	CMLB
Traditional Recurve Bow	AFTRB	AMTRB	VFTRB	VMTRB	YATRb	YAMTRB	JFTRB	JMTRB	CFTRB	CMTRB
Historical Bow	AFHB	AMHB								
Professional Unlimited	PFFU	PMFU								
Professional Limited	PFFS(R)	PMFS(R)								
Professional Limited	PFFS(C)	PMFS(C)								

B. Classification Classes

2. In the **Traditional Recurve Bow**, the **Bowhunter**, **Bowhunter Limited** and **Bowhunter Unlimited** Divisions for Adult and Young Adult men and women as well as for Junior boys and girls, there shall be the following classes based on a 28 target round:

Class	Longbow	Traditional Recurve Bow
A	250 - plus	375 - plus
B	150 - 249	225 – 374
C	0 - 149	0 - 224